



Multiple Sclerosis
Resource Centre

MSRC

Publishers of
New Pathways Magazine

Multiple Sclerosis
Resource Centre
7 Peartree Business Centre
Peartree Road
Stanway
Colchester
Essex
CO3 0JN

Tel: 01206 505444
Fax: 01206 505449

Support & 24 Hour Counselling
0800 783 0518

email info@msrc.co.uk
www.msrc.co.uk

Patron
Alastair Hignell



INVESTOR IN PEOPLE



FundRaising
Standards Board

give with confidence



MAKING A DIFFERENCE TOGETHER
PAYROLL GIVING

1st June 2009

Dear Potential Supporter,

The Chris Lee 2010 Virgin London Marathon Fundraising Effort

The MSRC is a proactive and innovative charity, passionately committed to supporting anyone affected by Multiple Sclerosis through access to unbiased information and advice. Our approach is to encourage individuals to make choices that are appropriate to their daily lives, empowering them to maximise their potential.

Among the many services we offer include:

- The only UK based 24 hour, freephone Telephone Counselling Service
- Advisory and counselling helpline during office hours
- Publishers of *New Pathways* magazine which is sent to 29 countries
- 2,000 page website, updated daily, providing a vital online MS community
- Produce a wide range of information leaflets
- Publish A-Z Guide of Complimentary Therapies and other self-help books
- Act as an umbrella organisation for other groups such as Best Bet Diet, SAMS,
- Work in conjunction with 60 MS Therapy Centres around the UK

The 2010 Virgin London Marathon is our biggest fundraising event and we rely heavily on those individuals who run for TeamMSRC to raise as much as they can. This year, the Virgin London Marathon will be on Sunday 25th April and Chris is running to raise money for MSRC.

We put a huge amount of effort into supporting those who run for us. Chris is one of those people going all out to achieve the best fundraising figure he can in return for the right to be part of TeamMSRC in the 2010 Virgin London Marathon. We would ask you to reward him by giving your maximum support. Our runners deserve it, we NEED it and you can provide it. That's teamwork!

Thank you for your time.

Kindest regards

HELEN

Helen Yates
Chief Executive